

2010 Schedule of Post-Licensing Training

Dear Foster Parents, Adoptive Parents and Relative Caregivers:

Welcome to the 2010 schedule for post-licensing training offered by CAFAP. These are courses you may take to complete your mandated yearly training requirement. The post-licensing training requirement in Connecticut for DCF-Licensed parents is 6 modules per year after licensing.

Every 3-hour session of a CAFAP training course equals 1 module credit. Since each CAFAP course consists of a different number of 3-hour sessions, each session of the course needs to be attended in order to be certified in that course and to obtain the appropriate module credits. Please check the outline to make certain you are able to attend all of the sessions in that course.

Besides the courses that CAFAP offers, CAFAP and DCF are working together to research and develop new training opportunities. Our goal is to establish a wide range of training opportunities while offering more flexibility. Other community trainings, conferences, and classes may be substituted for module credit with approval from your Support Social Worker. Please maintain close contact with your Support Social Worker to identify training you may take that can be credited towards your mandated yearly training requirement.

Please look over this schedule and outline, make your selection and CALL TO REGISTER as soon as possible. If you have any questions at all, we will be happy to answer them for you.

A note to relative caregivers and parents who have already adopted, you are invited to attend the training courses, and many of you have been attending, however, it is not a mandate for you at the present time.

NEW FROM CAFAP! Babysitting will be offered at course trainings on a first come first serve basis. We welcome foster/ adoptive and biological children between the ages of 0-18. Babysitting will be held at the same location as training. If you wish to use this service, you will need to register your child/children for babysitting at the time you register for a course. There is no cost for babysitting.

P L E A S E C A L L T O D A Y T O R E G I S T E R 8 6 0 . 2 5 8 . 3 4 0 0 O R 8 0 0 . 8 6 1 . 8 8 3 8 .

Programa de Módulos de Post Certificación para el 2010

Estimados Padres de Crianza, Padres Adoptivos y Cuidadores Parientes:

Bienvenidos al Programa del Verano y Otoño 2010 ofrecido por la Asociación de Padres de Crianza y Adoptivos de Connecticut. (CAFAP.) Estos son los cursos que usted puede tomar para completar sus requisitos obligatorios de entrenamiento anual. El requisito de capacitación para padres de post certificación en Connecticut con certificación de DCF es 6 módulos al año para recibir certificación.

Cada modulo de 3 horas ofrecido por CAFAP, equivale 1 crédito. Cada modulo consiste de distintas secciones de 3 horas por clase, es necesario atender a todas las secciones para obtener certificación y recibir su crédito con aprobación de su trabajador social. Por favor chequee el itinerario de la clase para asegurarse que podrá atender a todas las secciones.

Además de los módulos que ofrecemos, CAFAP y DCF trabajan juntos para evaluar y desarrollar nuevas oportunidades de capacitación. Nuestra meta es de establecer una amplia gama de oportunidades de capacitación con mayor flexibilidad. Otras conferencias y clases comunitarias podrán ser substituidas para recibir crédito con la aprobación de su trabajador social. Manténgase en contacto con su trabajador social para identificar clases que usted pueda tomar y reciba crédito para sus requisitos obligatorios.

Examine este programa y haga su elección, LLAME PARA INSCRIBIRSE lo antes posible. Si tiene preguntas, nos complacerá contestarlas.

Nota: A todos padres y cuidadores parientes que han adoptado, se les invita asistir a los módulos de capacitación, y muchos de ustedes han estado asistiendo, sin embargo no es obligatorio en el presente.

NUEVO DE CAFAP! Cuidado de niños será ofrecido en días de entrenamientos. El espacio es limitado. Recibimos niños de crianza o biológicos entre las edades de 0 a 18. El servicio es en la misma localidad de entrenamiento. Si desea usar este servicio, usted necesitaría registrar sus niños para cuidado al mismo tiempo que se registre para clases. El servicio es gratuito.

LLAME HOY MISMO PARA INSCRIBIRSE: 860-258-3400 o al 800-861-8838

Module 1: The Foundation for Meeting Developmental Needs of Children at Risk

1. Understanding and Assessing Self-Esteem
2. Building Self-Esteem and Understanding Behavior
3. Communicating with Children and Youth (Part I)
4. Communicating with Children and Youth (Part II)

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Meriden	September 11	September 18	2 Saturdays	9am-4pm
Middletown	November 6	November 13	2 Saturdays	9am-4pm
New Haven	October 9	October 16	2 Saturdays	9am-4pm
Torrington	August 7	August 14	2 Saturdays	9am-4pm

Module 2: Using Discipline to Protect, Nurture, and Meet Developmental Needs

1. Promoting Positive Behavior and Responding to Challenges
2. Promoting Self-Responsibility and Responding to Unacceptable Behavior

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Manchester	August 23	August 30	2 Mondays	6pm-9pm
New Britain	November 10	November 17	2 Wednesdays	6pm-9pm
New Haven	September 21	September 28	2 Tuesdays	6pm-9pm
Waterbury	September 20	September 27	2 Mondays	6pm-9pm

Module 3: Developmental Issues Related to Sexuality

1. Addressing Developmental Issues Related to Sexuality
2. Sexual Orientation and Youth

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Hartford	December 6	December 13	2 Mondays	6pm-9pm
Milford	September 1	September 8	2 Wednesdays	6pm-9pm
Norwalk/Stamford	November 10	November 17	2 Wednesdays	6pm-9pm

Module 4: Responding to the Signs and Symptoms of Sexual Abuse

1. Understanding Sexual Abuse
2. Responding to the Issues of Sexual Abuse

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Manchester	September 7	September 14	2 Tuesdays	6pm-9pm
Norwalk/Stamford	January 5	January 12	2 Wednesdays	9am-4pm
Waterbury	October 16	October 16	1 Saturday	9am-4pm

Module 5: Supporting Relationships between Children and Their Families

1. Respecting and Supporting Child/Birth Family Ties
2. Supporting Contacts between Children and Their Families
3. Becoming Partners in Parenting

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Manchester	January 8	January 15	2 Saturdays	9am-4pm
New Britain	September 2	September 16	3 Thursdays	6pm-9pm
New Haven	December 4	December 11	2 Saturdays	9am-4pm
Norwich	August 2	August 16	3 Mondays	6pm-9pm
Waterbury	November 2	November 16	3 Tuesdays	6pm-9pm
Willimantic	October 6	October 20	3 Wednesdays	6pm-9pm

Module 6: Working as a Professional Team Member

1. Strengthening Teamwork Skills
2. Developing Your Professional Role
3. Conflict as Opportunity

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Manchester	October 5	October 19	3 Tuesdays	6pm-9pm
Meriden	November 6	November 13	2 Saturdays	9am-4pm
Middletown	December 1	December 15	3 Wednesdays	6pm-9pm
Milford	September 17	October 1	3 Fridays	6pm-9pm
New Haven	August 4	August 18	3 Wednesdays	6pm-9pm
Willimantic	January 15	January 22	2 Saturdays	9am-4pm

Module 7: Promoting Children's Personal and Cultural Identity

1. Valuing and Making a Commitment to Cultural Competence
2. Helping Children Develop Life books

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Meriden	August 10	August 17	2 Tuesdays	6pm-9pm
Middletown	September 22	September 29	2 Wednesdays	6pm-9pm
Milford	January 18	January 25	2 Tuesdays	6pm-9pm
New Britain	October 18	October 25	2 Mondays	6pm-9pm
New Haven	November 23	November 30	2 Tuesdays	6pm-9pm

Module 8: Promoting Permanency Outcomes

1. An Overview of Permanency Goals
2. Understanding Permanency Goals
3. Supporting Transition to Permanent Homes through Reunification or Adoption Placement
4. Foster Parent Adoption

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Manchester	December 4	December 11	2 Saturdays	9am-4pm
New Haven	January 22	January 29	2 Saturdays	9am-4pm
Norwalk/Stamford	August 21	August 28	2 Saturdays	9am-4pm
Norwich	September 18	September 25	2 Saturdays	9am-4pm
Torrington	October 2	October 9	2 Saturdays	9am-4pm

Module 9: Managing the Foster Experience

1. Managing Change in Your Family
2. Managing the Impact of Child Abuse/Neglect Allegations

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Hartford	November 3	November 10	2 Wednesday	6pm-9pm
Manchester	November 1	November 8	2 Mondays	6pm-9pm
New Britain	August 14	August 14	1 Saturday	9am-4pm
Norwalk/Stamford	December 8	December 15	2 Wednesdays	6pm-9pm
Torrington	January 19	January 26	2 Wednesdays	6pm-9pm

Module 10: Understanding the Effects of Chemical Dependence on Children and Families

1. Understanding Risk and Protective Factors and Understanding Chemical Dependency
2. Recognizing the Impact of Parental Chemical Abuse on the Child and Family
3. Understanding the Implications of Prenatal AOD Exposure for Parenting Young Children
4. Developing Partnerships with Birth Parents and Working with the Team to Strengthen Families

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Bridgeport	September 16	October 7	4 Thursdays	6pm-9pm
Hartford	August 7	August 14	2 Saturdays	6pm-9pm
Meriden	October 23	October 30	2 Saturdays	9am-4pm
Middletown	December 4	December 11	2 Saturdays	9am-4pm

Module 11: Medically Complex Pediatric Health

Definition of the Child with Complex Medical Needs, Infection Control Practices, Medication Administration, The Medically Complex Team and Community Resource.

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Danbury	November 9	November 9	1 Tuesday	9:30-12:30
Meriden	October 7	October 7	1 Thursday	6pm-9pm
Torrington	July 8	July 8	1 Thursday	6pm-9pm
Waterbury	December 2	December 2	1 Thursday	6pm-9pm
Willimantic	September 16	September 16	1 Thursday	6pm-9pm

***This class is not part of the medically complex certification, parents will not be certified as medically complex foster parents after this 3-hour session.**

****DCF foster parents will be given first priority when registering for the module.**

Module 12: Knowing Who You Are: The Adoptees Perspective

Definitions and Descriptions Related to Racial and Ethnic Identity, How to Develop Positive Racial and Ethnic Identity

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Bridgeport	November 4	November 4	1 Thursday	6pm-9pm
Meriden	October 26	October 26	1 Tuesday	6pm-9pm
Middletown	August 5	August 5	1 Thursday	6pm-9pm

Module 13-14: CPR- Cardiopulmonary Resuscitation/ First Aid

1. How to recognize a life threatening emergency for an adult, child and infant, How to provide Basic Life Support (BLS), Good Samaritan Laws
2. How to perform basic first aid

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Bridgeport	December 2	December 2	1 Thursday	6pm-9pm
Manchester	November 6	November 6	1 Saturday	9am-4pm
New Haven	August 24	August 31	2 Tuesdays	6pm-9pm
Norwich	December 4	December 4	1 Saturday	9am-4pm
Torrington	September 13	September 20	2 Mondays	6pm-9pm
Willimantic	August 21	August 21	1 Saturday	9am-4pm

***This module requires a \$45.00 pre-payment, please complete the registration form below and send it along with your pre-payment to CAFAP, 2189 Silas Deane Hwy, Suite 2, Rocky Hill, CT 06067. Refund will be given at completion of training**

Adult, Child and Infant CPR for Foster, Adoptive, Relative Care Providers

Names			
Address			
City, State, Zip			
Phone Number			

Location	Date	Time	Fee Enclosed/\$45 per registrant
			\$45 X _____ Total \$ _____

If you need childcare while you attend the CPR/First Aid training please complete the form below:

Child's Name	Any Known Allergies	Your Relationship to child/ Age
1.		
2.		
3.		
4.		
5.		
6.		

This registration form and deposit must be received at the CAFAP Office at least 2 weeks prior to the training class.

Option 2: You may seek out the training on your own via one of the many statewide American Red Cross Chapters, American Heart Association or American Safety and Health Institute locations. For your convenience, locations have been listed below. To enroll, you will be required to follow the enrollment policies, including paying the fee. Please note that course fees vary between organizations and reimbursement can not be granted for more than \$45 per person, regardless of what amount was paid. Upon your successful completion of the course, you must copy both sides of your certification card and your receipt showing the course cost and submit it to CAFAP (at CAFAP, CPR Reimbursement at 2189 Silas Deane Hwy, Suite 2 in Rocky Hill, CT 06067) Reimbursement will be processed with 30 days of receipt. If you have any questions regarding the changed policy, please contact out Post-licensing program at 860.258.3400.

American Red Cross	Valley	Ansonia	203.735.9518
American Safety & Health Institute	Casey & Company	Ansonia	203.530.5785
American Red Cross	SE Fairfield County	Bridgeport	203.576.1010
American Heart Assn.: Heartsaver CPR	Bridgeport Hospital	Bridgeport	203.384.3911
American Heart Assn.: Heartsaver CPR	Saint Vincent's Medical Center	Bridgeport	203 576.5651
American Safety & Health Institute	Bristol Hospital EMS	Bristol	860.595.3679
American Heart Assn.: Heartsaver CPR	Bristol Hospital	Bristol	860.585.3679
American Red Cross	Western Connecticut	Danbury	203.792.8200
American Heart Assn.: Heartsaver CPR	Regional Heart Center at Danbury Hospital	Danbury	203 739.7633
American Heart Assn.: Heartsaver CPR	CPR Dave of Danbury	Danbury	845.224.6355
American Red Cross	Darien	Darien	203.655.2586
American Heart Assn.: Heartsaver CPR	Griffin Hospital	Derby	203.732.1337
American Safety & Health Institute	CT Children's Place	East Windsor	860.292.4013
American Red Cross	Charter Oak	Farmington	860.678.2700
American Red Cross	Greenwich	Greenwich	203.869.8444
American Heart Assn.: Heartsaver CPR	Greenwich Hospital Health	Greenwich	203 863.3234
American Safety & Health Institute	CPR, Health & Safety	Hartford	860.953.8821
American Safety & Health Institute	Chelsea Place	Hartford	860.233.8241
American Heart Assn.: Heartsaver CPR	Saint Francis Hospital and Medical Center	Hartford	860.714.4000
American Safety & Health Institute	A Second Chance	Middlefield	860.349.7074
American Heart Assn.: Heartsaver CPR	A Second Chance CPR & 1st Aid Training LLC	Middlefield	860.349.7074
American Red Cross	Middlesex Central CT	Middletown	860.347.2577
American Red Cross	Milford	Milford	203.874.2531
American Red Cross	New Britain Branch	New Britain	860.229.1631
American Heart Assn.: Heartsaver CPR	New Britain Emergency Medical Service	New Britain	860.225.8787x34
American Red Cross	New Canaan	New Canaan	203.966.1663
American Red Cross	SC Connecticut	New Haven	203.787.6721
American Heart Assn.: Heartsaver CPR	New Haven Sponsor Hospital	New Haven	203.562.3320
American Red Cross	Southeastern Connecticut	New London	860.447.3248
American Heart Assn.: Heartsaver CPR	Survival Group, LLC	North Haven	203.234.6326
American Safety & Health Institute	Captain Steve Coe	Norwalk	203.952.8679
American Heart Assn.: Heartsaver CPR	Emergency Medical Group LLC	Norwalk	203.855.1300
American Heart Assn.: Heartsaver CPR	American Professional Ed	Norwich	860.886.1463
American Heart Assn.: Heartsaver CPR	Cintas First Aid and Safety	Plainville	860.747.2757
American Safety & Health Institute	Aspinock Medical Training & Consulting	Putnam	401.636.1665
American Heart Assn.: Heartsaver CPR	EMS Institute	Sharon	860.364.4665
American Safety & Health Institute	Edward Fulop	South Windsor	860.289.9101
American Heart Assn.: Heartsaver CPR	The Hospital of Central Connecticut	Southington	860.276.5088
American Red Cross	Stamford	Stamford	203.363.1041
American Heart Assn.: Heartsaver CPR	EMS Institute Of The Stamford Hospital	Stamford	203.325.7164
American Heart Assn.: Heartsaver CPR	Stamford Emergency Medical Services, Inc	Stamford	203.968.1118
American Heart Assn.: Heartsaver CPR	O Heart LLC	Tolland	860 896.1894
American Red Cross	Waterbury Area	Waterbury	203.755.1137
American Heart Assn.: Heartsaver CPR	St. Mary's Hospital	Waterbury	203 709.6483
American Heart Assn.: Heartsaver CPR	Waterbury Hospital	Waterbury	203 573.6241
American Heart Assn.: Heartsaver CPR	Veterans Affairs CT Healthcare: New Haven Div	West Haven	203.9332.5711.x2139
American Heart Assn.: Heartsaver CPR	North Central Assoc	West Suffield	860.668.4588
American Red Cross	Mid-Fairfield County	Westport	203.227.9505

Module 15: My Brother, My Sister; Sibling Relations in Adoption and Foster Care

1. Understanding Sibling Issues: Why Siblings May be Separated and Benefits of Keeping Them Together
2. Ways to Build/Maintain Sibling Connections

LOCATION TOWN	START DATE	END DATE	DAY	TIME
New Britain	August 9	August 15	2 Mondays	6pm-9pm
Norwich	October 21	October 28	2 Thursdays	6pm-9pm

Module 16: Crisis Intervention

Crisis Development Model to Recognize Escalating Stages to Crisis, How Children Cope With Crisis, the Trap of Counter-Aggression for Foster and Adoptive Parents, Life-Space Interview

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Bridgeport	August 19	August 19	1 Thursday	6pm-9pm
Hartford	October 5	October 5	1 Tuesday	6pm-9pm
Milford	August 18	August 18	1 Wednesday	6pm-9pm
Norwalk/ Stamford	September 8	September 8	1 Wednesday	6pm-9pm
Willimantic	November 1	November 1	1 Monday	6pm-9pm

Module 17: The Oppositional Defiant Child

Relationship Traps and Suggested Strategies for Effective Intervention

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Bridgeport	November 18	November 18	1 Thursday	6pm-9pm
Hartford	October 20	October 20	1 Wednesday	6pm-9pm
Hartford	September 22	September 22	1 Wednesday	6pm-9pm
Milford	November 8	November 8	1 Monday	6pm-9pm
New Britain	December 7	December 7	1 Tuesday	6pm-9pm
New Haven	September 2	September 2	1 Thursday	6pm-9pm
Norwich	July 30	July 30	1 Friday	6pm-9pm
Waterbury	October 14	October 14	1 Thursday	6pm-9pm

Module 18: Ethnic Hair Care

Washing, Maintenance, and Relaxers

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Manchester	August 28	August 28	1 Saturday	11am-2pm
Milford	December 11	December 11	1 Saturday	11am-2pm
Norwich	November 20	November 20	1 Saturday	11am-2pm
Willimantic	September 11	September 11	1 Saturday	11am-2pm

***Each parent may bring one foster/adoptive child to this module only. This module offers personalized advice for your child's hair care needs.**

Module 19: Applied Behavior Analysis: Understanding Challenging Behaviors

Become acquainted with the general principals and implementation of Applied Behavior Analysis.

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Bridgeport	January 20	January 20	1 Thursday	6pm-9pm
Hartford	September 7	September 7	1 Tuesday	6pm-9pm
Hartford	September 15	September 15	1 Wednesday	6pm-9pm
Manchester	November 30	November 30	1 Tuesday	6pm-9pm
New Haven	October 19	October 19	1 Tuesday	6pm-9pm
Norwalk/Stamford	October 13	October 13	1 Wednesday	6pm-9pm
Norwich	January 24	January 24	1 Monday	6pm-9pm
Torrington	August 12	August 12	1 Thursday	6pm-9pm
Waterbury	August 19	August 19	1 Thursday	6pm-9pm

Module 20: Autism

Become acquainted with the symptoms, challenges and interventions for children with Autism Spectrum Disorder.

LOCATION TOWN	START DATE	END DATE	DAY	TIME
Bridgeport	September 23	September 23	1 Thursday	6pm-9pm
Waterbury	September 9	September 9	1 Thursday	6pm-9pm

EFP: 12 Sessions (offered in the Spanish language only)

Call to Register: (860) 258-3400 or 1-800-861-8838

*Special Opportunity – complete several sessions in one day!

Training in Spanish Language when written in Red

Open Immediately!

Your Summer/Fall 2010

Schedule of Post-Licensing Training Modules has arrived...