



Dear Stakeholder,

As you are aware, the Connecticut Behavioral Health Partnership (CT BHP) is part of a major systems reform initiative in Connecticut. For 2007, the CT BHP has prioritized a Discharge Delay initiative to reduce delays for children and adolescents who are ready to be discharged from inpatient behavioral health care. As part of this initiative, we are seeking input from stakeholders to identify and articulate best practice protocols related to discharge planning for youth receiving inpatient behavioral health treatment.

The CT BHP is holding a series of three regional focus groups throughout the state to obtain this important input. At the conclusion of the three regional focus groups, the information gathered will be summarized and combined with data from a worldwide literature review of best practices for discharge planning for inpatient care. Thank you in advance for your participation and input.

Please join one of our regional, facilitated focus groups wherein answers to the following questions will be solicited:

1. **What have proven to be effective strategies regarding timely discharge planning for youth being discharged from inpatient behavioral health care? Please comment on:**
  - a. *Strategies that have worked for the discharging entity (inpatient facilities).*
  - b. *Strategies that have worked for the receiving entity (all levels of care that would provide care to a member following discharge from inpatient care).*
  - c. *Strategies relevant for youth ages 12 and under, and for 12 years of age and older.*
2. **How could the CT BHP best support the discharge planning process? What could CT BHP's role be in the discharge planning process?**
3. **Setting aside the issue of resources for the moment, what initiative(s) would you propose within your own institution, facility, and/or practice to improve the process of discharge planning for youth receiving inpatient behavioral health care?**

#### Bridgeport Area

Date: Wednesday July 18, 2007  
Time: 10:00 AM – 12:00 PM  
Address: Holiday Inn, 1070 Main St  
Bridgeport, CT 06604

#### Hartford Area

Date: Tuesday, July 24, 2007  
Time: 1:00 PM – 3:00 PM  
Address: Courtyard Marriot, 4 Sebeth Dr  
Cromwell, CT 06416

#### Norwich Area

Date: Thursday, July 26, 2007  
Time: 10:00 AM – 12:00 PM  
Address: Holiday Inn, 10 Laura Blvd  
Norwich, CT 06360

Please RSVP to Glenys Rios at (860) 263-2164 or email: [glenys.rios@valueoptions.com](mailto:glenys.rios@valueoptions.com)